**Project Title: NUTRITION ASSISTANT APPLICATION Project Design Phase-I** - **Solution Fit Template Team ID:** PNT2022TMID29771

**Focus on J&P, tap into BE, understand RC**

**Explore AS, differentiate**

**Deﬁne CS, ﬁt into CC**

**AS**

**5. AVAILABLE SOLUTIONS**

* Keep your daily calorie intake to a reasonable amount.
* Find out how many calories you need for your age, gender, activity level and your personal weight goals (i.e., do you want to lose, gain or maintain your weight?).

**2. CUSTOMER CONSTRAINTS**

* The users can see the nutritional values for only uploaded food Items
* It consuming more data.

**CC**

**CS**

**1. CUSTOMER SEGMENT(S)**

* Customer segments is totally based on of customer, who are looking for an application to help them to maintain the healthy diet. It help the users to analyze their nutrition level and keep a record of their eating patterns.

**Explore AS, differentiate**

**Define CS, fit into CC**

* Nutrients you need for growth and repair, helping you to stay strong and healthy and help to prevent diet-related illness ,such as cancers.

**BE**

**7.BEHAVIOUR**

**RC**

**9. PROBLEM ROOT CAUSE**

* Lack of knowledge on meals to eat to acheive calorie goal.
* Lack of time to searching for calorie or nutrition information of foods, because nutrition is important to lead a healthy life.

**J&P**

**2. JOBS-TO-BE-DONE / PROBLEMS**

* The serious problem widely available in the GPS connectivity
* Few users continue using these app that fail to measure and calculate routes properly, because these mistakes automatically affect the number of calories burned.

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**Identify strong TR & EM**

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| **Identify strong TR & EM** | **3. TRIGGERS TR**     * Trigger indicates that monitoring and analysis the user's nutrition should be integrated into ongoing monitoring process. | **10. YOUR SOLUTION SL**     * Monitor the food have entered by the user and give the calories and nutritional values of the food with efficient time. | **8.CHANNELS of BEHAVIOUR CH**   * 1. **ONLINE** * Nutritional behaviour of vulnerable population groups. Investigation of nutritional and living conditions as well as participation chances of vulnerable population groups.   **8.2 OFFLINE**   * Analysis of sustainability impacts associated with different diets; deriving of strategies to support sustainable nutrition. |  |
| **4. EMOTIONS: BEFORE / AFTER EM**   * Users can feel, it is the best application to maintain the nutrition that will lead a healthy life. * By using this application, the users can feel it will help me to live longer. |